



## Jumping Up On The Sofa

If you would like to teach your dog to stay off the sofa then you must be consistent and never allow him onto it.

This means that if you are not there to watch your dog, then you must deny him access to it.

To begin with, every time your dog jumps onto the sofa coax him off with a titbit. When he is on the floor label this with the word **off** and reward him with the titbit. When he understands the word **off** you can use it as a command. In other words, every time he jumps on the sofa say **off**, then when he is on the floor tell him **good off** and reward him.

It is important not to command him with the word **off** while he is still on the sofa until he understands the meaning of the word otherwise he will associate the word **off** with being on the sofa, which can lead to confusion. Therefore, do not rush the first stage of training and ensure he thoroughly understands the meaning of the word before using it as a command.

Some dogs learn to use jumping up on the sofa as a way of getting your attention or to get praise and a titbit for getting off again. If this happens, attach your lead to your dog and every time your dog jumps onto the sofa gently pull it off using the lead without acknowledging it at all.